Senior Advisory Committee Meeting August 27, 2021

Meeting Commenced: 7:00 pm

Present: Deputy Mayor and Committee Chair Ethel Conry, Councilwoman Josephine Noone, Suzanne Marr, Lois Muglia

<u>Approval of Minutes</u>: Minutes of June 25, 2021 meeting approved. Motion to approve by Suzanne Marr and seconded by Ethel Conry.

Suggestion Box: N/A

Needs:

- Post minutes and events on Senior Advisory Page and create events on the Washington Borough Facebook Page.
- Create newsletter in September with upcoming events (Josephine).
- Request donations to the SAC from area businesses using updated letter (Ethel & Josephine).
- Update faith-based contact list (Suzi).

Events & Activities:

- Josephine created and posted a newsletter in July.
- Senior Day was held at the Washington Borough Farmers' Market on August 21, 10:00 am-2:00 pm. The Warren County Division of Aging and Disability Services (WCDADS) attended to provide information and give out \$30 Farmers Market Vouchers to eligible seniors. Dove Environmental Education provided crafts. Stan Cohen provided Qigong and Josephine Noone/Honor Yoga provided Chair Yoga.

Plans for the future:

- Mohegan Sun Pocono (\$40 per person, October 16, 12:00-9:00pm, Ethel has reserved the bus and is working on getting information about comps, Josephine is creating the flyer.) We discussed changing the time to 9:00am-6:00pm. Ethel will request time change.
- Senior Information Session (November 7 or 20?):
 - Police Department: How to Prevent Scamming and Fraud
 - o Clover Health: Medicare Advantage Plan Information session
 - WCDADS: Will provide resources
 - Matt Lopez: Preventing Falls
 - Riegel Federal Credit Union: Identity Theft Prevention
 - Merrill Lynch: Financial Planning
 - Josephine Noone/Honor Yoga: Chair Yoga
- A Christmas Carol at Centenary (December) (Josephine will research)
- Chair Yoga (Josephine will schedule for the winter)
- Murder Mystery Dinner (Suzi will research)

Quarterly Newsletters and trip information will be posted online, placed on the senior board in Borough Hall, and advertised in The Warren Reporter and The Messenger.

We will have a planning meeting on September 10 at 6:00 pm on Zoom.

The Senior Advisory Committee meets the last Friday of every month at 6:00 pm. We are currently meeting virtually. Email or call Ethel Conry at <u>econry@washingtonboro-nj.org</u> or (908) 930-1545 if you would like to participate with us on Zoom.

Meeting Adjourned: 7:55 pm